

Squawkin' Sandwiches

Served with Parrot Fries. Substitute Onion Rings or Sweet Potato Fries for \$1.50 more. Add a side House or Caesar Salad for just \$1.99

Grouper Sandwich Fresh grouper fillet prepared grilled, blackened or fried served on a toasted roll. Market Price

Grouper Reuben Crunchy fried grouper served on toasted rye bread with swiss cheese, coleslaw and 1,000 Island dressing. Market Price

Lobster Roll Homemade fresh lobster salad served on a toasted New England roll. \$13.99

California Wrap Grilled chicken, fresh avocado, red cabbage, carrots, tomatoes and lettuce wrapped in a flour tortilla and served with peppercorn ranch. \$10.99

Tee Kee Wrap Grilled chicken, lettuce, cabbage, carrots and crispy wontonstrips with our homemade oriental dressing in a tortilla shell. \$8.99

Chicken Caesar Wrap Grilled or blackened chicken, romaine lettuce, parmesan cheese and Carol's Caesar dressing in a flour tortilla shell. \$9.99

Chicken Sandwich or Wrap Plump chicken breast made to your liking:grilled, fried, buffalo-style or blackened on a toasted roll or flour tortilla. \$8.99

Turkey Sandwich Oven roasted turkey breast with bacon and swiss cheese on toasted sour dough or rye bread. \$8.99 Served hot or cold!

Pulled Pork Sandwich Slow smoked hand pulled pork with homemade BBQ sauce on a toasted roll and coleslaw. \$8.99

French Dip Sliced hot roasted beef topped with provolone cheese and sauteed onions on a toasted baguette with au jus dipping sauce. \$10.99

Build Your Own Burger

Our chargrilled burgers are 100% Angus Beef - Made fresh daily!

10 oz Angus \$9.99 or **6 oz Angus \$7.99**

Cheese (\$.50 each)

Provolone
American Pepper Jack
Cheddar Swiss
Bleu Cheese crumbles

Toppings (\$.75 each)

Bacon Chili
Sauteed Onions
Sauteed Mushrooms
Sauteed Peppers

Freebies

Lettuce, Tomato, Onion, Jalapenos, Banana Peppers, Salsa

The Parrot's Speciality Burgers

\$10 oz \$11.99

6 oz \$9.99

California Burger

Fresh avocado, bacon, tomato and pepper jack cheese

Bleu Burger

Giant onion ring filled with bleu cheese crumbles

Mushroom Swiss Burger

Loaded with sauteed mushrooms and Swiss cheese

Beef Platters

Prime Rib

USDA choice 12 oz slow roasted Prime Rib with house blended seasoning. Served with Red Bliss mashed potatoes, seasonal vegetables, au jus sauce and topped with crispy fried onions. Fresh horseradish upon request. Available after 5 pm. \$17.99

Ribeye

Chargrilled 12 oz tender Angus ribeye steak. Served with Red Bliss mashed potatoes and seasonal vegetables. Horseradish sauce available upon request. \$17.99

Baby Back Ribs

A full rack of house smoked ribs marinated in our special seasonings with homemade BBQ sauce. Served with sweet potato fries and coleslaw. \$17.99

Island Beef & Rice

AWARD WINNING!! A classic Cuban dish, Ropa Vieja served Parrot-style! Choice Prime Rib, slow braised in a spicy garlic, tomato sauce served over seasoned Spanish Rice, seasonal vegetables with a sour cream sauce and topped with fried onions. \$15.99

Chicken Platters

Jambalaya

Chicken breast, shrimp, andouille sausage, tasso ham, sweet peppers, onions and rice in a creole sauce. \$15.99

Mariachi Chicken **AWARD WINNING!!**

Crunchy fried chicken breast topped with sautéed sweet peppers and onions served over pasta with a zesty cream sauce and parmesan cheese. Take it up a notch, ask for it spicy! \$12.99

Parmesan & Herb Chicken

Young tender chicken breast lightly dusted in fine herbs and parmesan cheese. Served with a small mixed green salad and a light lemon butter sauce. \$13.99

Bamboo Chicken or Steak

Bamboo skewered grilled chicken breast or tender marinated steak in the Parrot's spicy teriyaki garlic sauce. Served with rice and seasonal vegetables.
Bamboo Chicken \$13.99 Bamboo Steak \$16.99

Add a side House Salad or Caesar Salad for just \$1.99

Seafood Platters

Fish Tacos

Two soft tacos filled with blackened tilapia topped with mango papaya salsa, cabbage and chipotle sauce. Served with rice and guacamole. \$12.99

Coconut Shrimp

Tasty shrimp battered and covered in coconut. Served with sweet potato fries and seasonal vegetables. \$13.99

Peel n' Eat Shrimp

A full pound of steamed juicy pink shell-on shrimp, served with seasonal vegetables, yellow rice and drawn butter. \$21.99 Served hot or cold!

Fish & Chips

Flaky Alaskan Cod, hand battered and fried to a golden brown. Served with homemade coleslaw & Parrot fries. \$9.99

Captain Joel's Fried Platter

A heaping platter of fried crunchy Alaskan Cod, plump jumbo Sea Scallops and juicy pink shrimp. Served with Parrot Fries and coleslaw. \$21.99

Scallops

Large Sea Scallops tossed together with crispy stir-fried vegetables, Asian style noodles in a garlic wok sauce and crispy fried onions. \$19.99

Caribbean Tilapia

Caribbean seasoned Tilapia on a bed of yellow rice and seasoned black beans, sprinkled with fresh cilantro and a tangy mango papaya salsa. \$12.99

Grouper Basket

Crispy hand breaded fresh grouper fingers, served with Parrot Fries and coleslaw. Market Price

Tropical Grouper

Grouper charbroiled in a key lime butter sauce and topped with crispy fried onions. Served with Red Bliss mashed potatoes and seasonal vegetables. Market Price

Gulf Grouper

Fresh Grouper served grilled, broiled, blackened or fried. Served with rice and seasonal vegetables. Market Price

Sunset Grouper

Broiled fresh grouper fillet topped with lump crab meat, tomatoes and a spinach cheese sauce. Served with rice & seasonal vegetables. Market Price

Cooked to order. Consuming raw or undercooked meats and seafood may increase your risk of food borne illness.

What's
Squawkin'?

